



SPDIOR
THE LITTLE NELL

Dior Spa
at The Little Nell

DIOR



THE DIOR PHILOSOPHY

Based on the alignment of skin and senses, the avant-garde Dior Skincare philosophy considers each guest holistically, with specific care for physical, emotional, and psychological wellness.

With a commitment to provide the most intimate and beautiful experience of true well-being, the Dior savoir-faire heightens expertise, allowing dreams to inspire reality, promising the never-ending delight of an immediate and lasting transformation thanks to an exclusive combination of professional formulas, manual techniques, and cutting-edge technologies.

For the first time, Dior Spa is taking to the mountains in the heart of Colorado at The Little Nell in Aspen.

DIOR SPA AT THE LITTLE NELL

Aspen's only five-star, five-diamond hotel, The Little Nell, is celebrating its 35th anniversary this year. To mark the occasion, Dior is planting its Spa in the Rockies for a holistic immersion in the mountains.

Dior's Toile de Jouy Soleil aquamarine can be found throughout the Spa as well as around the pool and jacuzzi, for an overall summer wellness experience in the mountains.

SIGNATURE TREATMENT

DIOR ASPEN RITUAL

FACE OR BODY – 90 MINUTES
\$575

Soak up the pure Rocky Mountain air and rejuvenate with this unique ritual. Nestled in the heart of Aspen's magnificence, immerse yourself in a wellness experience dedicated to body or skin recovery. As an introduction to this treatment, enjoy an infrared therapy sauna session to detoxify and prepare your skin.

For the body experience, discover a true sensory escape around a deep tissue massage on an infrared mat and an invigorating body scrub. Toxins are eliminated and the skin is revitalized.

For the facial experience, enjoy a holistic mountain treatment designed to redefine facial contours, accompanied by LED light and oxygen to stimulate breathing and cellular repair.





DIOR FACIALS

THE MIDNIGHT TREATMENT

FACE – 90 MINUTES
\$500

The Midnight Treatment guides you towards an instant feeling of release. Dedicated to resting your skin and mind, this treatment works to increase the nighttime benefits of sleep for transformed skin upon waking. As a prelude to this exceptional treatment, breathing and meditation exercises invite you to slow down your heart rate. Melatonin, the sleep hormone, produced by your body helps promote rest and relaxation. A facial massage using broad and slow movements encourages total relaxation for a luminous, soothed complexion. Combined with LED therapy, this treatment is synonymous with an ode to relaxation.

L'OR DE VIE MIRACLE

FACE – 60 MINUTES
\$475

In tandem with the L'Or de Vie line, this antioxidant protocol gifts the skin with the infinite longevity of the Yquem sap. Like a prelude to plenitude, it opens with a relaxing back massage that extends to the face to relax micro-tensions. The combination of Dior rock crystal with enveloping movements gives the skin a sensation of harmony and a spectacular visible transformation. To enhance the end of the treatment, a thermo-warming mask imbues the skin with its precious active ingredients. Step by step, the skin gains strength and resistance, while the face radiates with a divine glow.

KOBI-DIOR

FACE – 60 MINUTES
\$375

Kobi-Dior is a high-performance anti-aging treatment inspired by Kobido techniques. Reinterpreted by Dior, these techniques infuse their power into lifting muscular massages with rejuvenating effects. Deep and precise, they reshape and plump the entire face. All signs of aging are reduced. Wrinkles are smoothed, contours resculpted, facial volumes visibly reshaped.

WELLNESS ADD-ONS

FOR FACIALS ONLY

LED THERAPY
FACE – 15 MIN – \$100

Boost your face treatment with the power of red LEDs. The skin is relaxed and repaired, and the metabolism is rebalanced.

HEAT THERAPY
30 MIN – \$100

Start your journey with a complete reset in the infrared sauna and hammam.

FOR BODY ONLY

BODY SCRUB
BODY – 30 MIN – \$150

Ideal as a prelude to a body treatment, and for the skin glow, this quick scrub-peel presents a dual mechanical and enzymatic action.

FOOT RELIEF
BODY – 30 MIN – \$150

An invigorating body scrub followed by an energetic massage inspired by foot reflexology, for an exquisite sensation of lightness.



MASSAGE THERAPIES

D-BALANCE

BODY – 60/90 MINUTES
\$325 / \$450

Inspired by acupressure techniques, this energizing treatment combines specific and rhythmic strokes that tone tissue, release physical energy and return each guest to a state of inner well-being. Bio-rhythms are stimulated to boost energy flow. Deeply detoxified and regenerated, the body is fully revitalized and sees a return to inner strength.

This particularly invigorating massage includes 10 minutes of infrared sauna therapy at the start of the treatment, and is not available for pregnant women.

CONSTELLATION

BODY – 60/90 MINUTES
\$325 / \$450

This multi-sensory journey promises to help you completely unwind and relax deeply. A holistic massage, including 10 minutes of infrared sauna therapy at the start of the treatment, combined with slow and enveloping strokes for the entire body, aims to release tight muscles one by one. Intensely relaxed, the body becomes a haven of inner peace.

D-TISSUE

BODY – 60/90 MINUTES
\$375 / \$495

This slow deep tissue massage, including 10 minutes of infrared sauna therapy at the start of the treatment, aims to release tension knots and reoxygenate muscles thanks to highly technical strokes. To help the body feel free again, a combination of strong and gentle meticulous movements helps eliminate toxins and relieve aching muscles. The ultimate high-performance treatment, ideal for recovering after a sports session, for immediate relaxation.

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DIOR EXPERIENCES

Make the most of your stay at the foot of the Rockies, discover a new vision of well-being, and adapt it to your own philosophy of life and objectives. This is the spirit behind the Dior treatment program created exclusively for the Dior Spa The Little Nell. Designed according to the length of your stay and tailored to your expectations, these expert treatment programmes with visible and tangible results free the body and open the way to bliss. Dior Experiences combines a multiplicity of approaches, treatments, and techniques to create truly holistic experiences. In these places of tranquility that invite resilience, these privileged, made-to-measure interludes allow you to reconnect with the present moment and open other doors to yourself. These are all inspirations for resilience, for rediscovering the perfect balance between body and mind, and experiencing a true rebirth.

DIOR ALPINE GLOW

FACE & BODY
\$990 – 240 MINUTES

A sanctuary of tranquility bathed in sumptuous scenery, the Rockies are a spontaneous invitation to relax. To encourage relaxation and leave behind the stresses of everyday life, this treatment program invites you to indulge in unprecedented relaxation. Between an enveloping, deeply relaxing body massage and a facial treatment that restores the skin's radiance and luminosity, energies are realigned, the mind is freed, and serenity is rediscovered.

Heat Therapy (15 min)

Constellation (60 min)

Foot Relief (30 min)

Carrot Glow Collagean Juice & Snack by the pool (60 min)

Kobi-Dior (60 min)

Led Therapy (15 min)





D-TOX RITUAL

FACE & BODY
\$1080 – 240 MINUTES

In this mountainous setting of tranquility, let yourself be carried away by a ritual inviting you to a total reset. Promoting the detoxification of the skin, body and mind, this treatment program invites you to unprecedented relaxation.

Between body treatments inspired by acupressure and purifying facial treatments that restore radiance to the skin, energies are released, the body revitalized and serenity restored.

Heat Therapy (15 min)

D-Balance (60 min)

Foot Relief (30 min)

D-Bloat Gut Health Juice & Snack by the pool (60 min)

L'Or de Vie Miracle (60 min)

Led Therapy (15 min)

DIOR TREATMENTS AT THE LITTLE NELL

SIGNATURE TREATMENT

DIOR ASPEN RITUAL		
FACE OR BODY	90 minutes	\$575

DIOR FACIALS

THE MIDNIGHT TREATMENT		
FACE	90 minutes	\$475

L'OR DE VIE MIRACLE		
FACE	60 minutes	\$475

KOBI-DIOR		
FACE	60 minutes	\$375

MASSAGE THERAPIES

D-BALANCE		
BODY	60/90 minutes	\$325 / \$450

CONSTELLATION		
BODY	60/90 minutes	\$325 / \$450

D-TISSUE		
BODY	60/90 minutes	\$375 / \$495

DIOR EXPERIENCES

DIOR ALPINE GLOW		
FACE & BODY	240 minutes	\$990

D-TOX RITUAL		
FACE & BODY	240 minutes	\$1080

WELLNESS ADD-ONS

FOR FACIALS ONLY

LED THERAPY	15 minutes	\$100
FACE		\$150

HEAT THERAPY	30 minutes	
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FOR BODY ONLY

BODY SCRUB	30 minutes	\$150
BODY		\$150

FOOT RELIEF	30 minutes	
BODY		

SPA ETIQUETTE

RESERVATIONS

To reserve an appointment, please contact the Dior Spa directly at 970.920.6390 or by email at diorspa@thelittlenell.com. For maximum convenience and flexibility, scheduling your treatment in advance is recommended to ensure your preferred time and service are available.

ARRIVAL

Please arrive 15 minutes prior to your scheduled appointment so that you may decompress and experience your full booking time. To maintain the spa's blissful environment, we ask that you silence your mobile phones and electronic devices upon arrival and speak in quiet tones. Regretfully, late arrivals may be subject to reduced treatment time in order to remain on schedule for subsequent guests.

GRATUITY

Our staff is highly qualified and works hard to ensure you receive the very best service. For your convenience we apply a 20% service charge on the full-service price for our therapist and those assisting you today.

CANCELLATIONS

A credit card is required upon booking your treatment in order to confirm your reservation. Cancellations or requests to reschedule must be received no less than 24 hours before your scheduled appointment to avoid a full-price charge for all booked services.

FOR YOUR SAFETY

Guests with medical conditions are advised to consult their doctors prior to booking any spa services. Kindly inform your spa technician of any existing medical conditions by completing a Guest Intake form prior to your treatment. If pregnant, or trying to become pregnant, it is your responsibility to communicate with the Reservation staff prior to booking a treatment. Guests in their first trimester of pregnancy are not eligible for services. In the event you are unwell we will waive the cancellation. The Little Nell Spa reserves the right to discontinue service for any reason to ensure the safety of all parties.

MINIMUM AGE REQUIREMENTS

Spa guests must be 18+ years to receive a massage or body treatment. Spa guests must be 16+ years to receive a facial and must have a consent form signed by a parent or guardian.

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