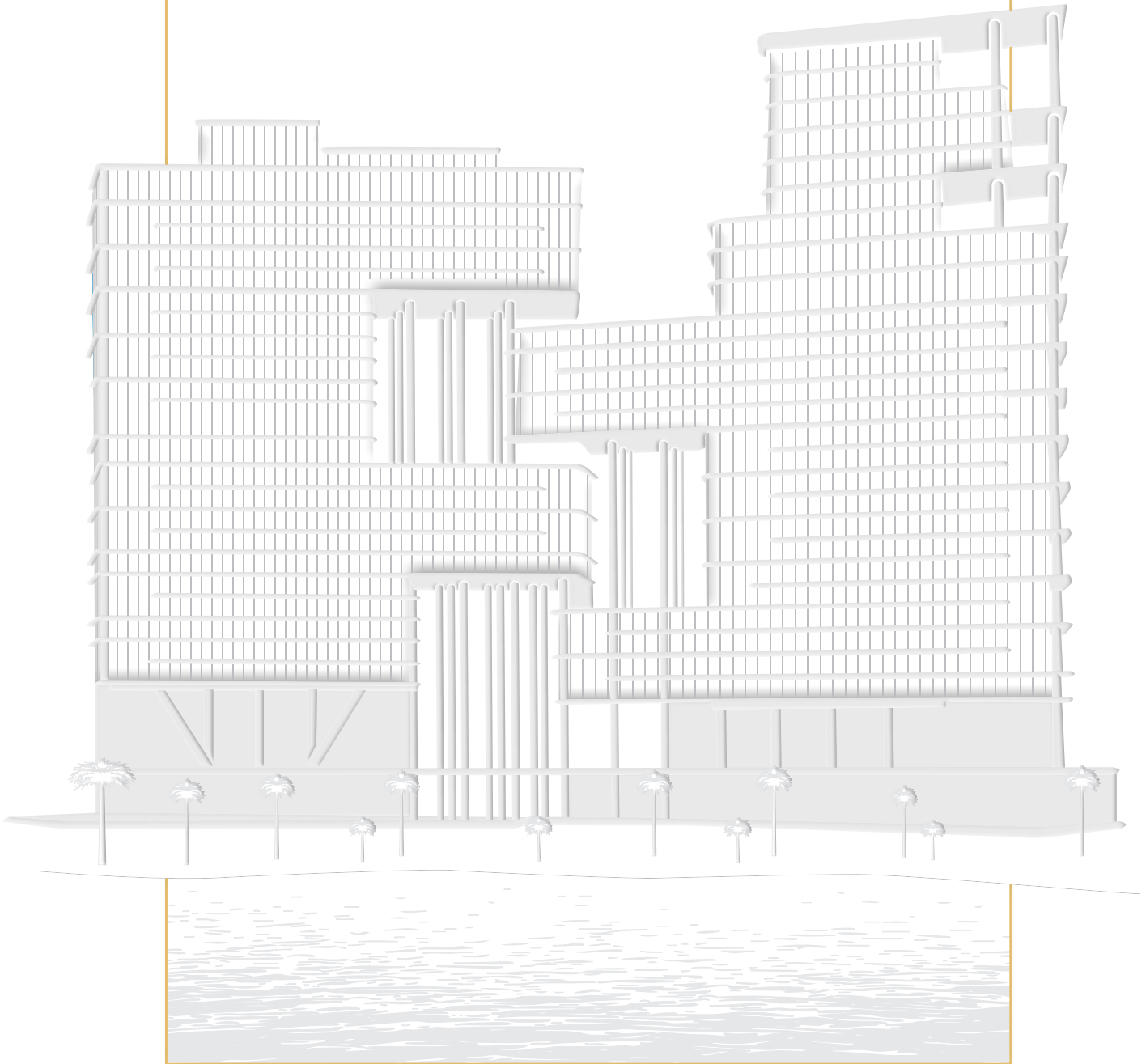


DIORA

THE LANA
DUBAI



DIORA
THE LANA
DUBAI



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THE WELLNESS STOPOVER AT ITS PEAK

THE LANA AND THE HOUSE OF DIOR

Two iconic Houses united by the same quest for luxury, dreams, and the highest standards, meet. In this unmissable Dubai hotel, Dior Spa The Lana stands out as an exceptional place.

“Couturiers embody one of the last remaining havens of magic. They are in some way the masters of dreams...”
Christian Dior

Monsieur Dior had a feeling for all the magic and marvel that characterises Dubai so well. This city embodies openness and travel like no other, dazzling the visitor.

Imbued with the same tremendous desire to see everyone experience unique and memorable instants and emotions, Dior Spa anchors itself in the heart of Dubai. On the 29th floor of the architectural icon, this sensory haven combines the ultimate wellbeing experience with enchantment and effectiveness, all overlooking the Burj Khalifa. Let yourself be transported to the heights of wellbeing. Welcome to Dior Spa The Lana.



THE WELLNESS STOPOVER AT ITS PEAK

DIOR SPA PHILOSOPHY

Dior captures the visionary and prestigious essence of the iconic address and suffuses it with its unique spirit and leading expertise. Floating in the sky and enjoying a breathtaking panoramic view, Dior Spa The Lana provides a majestic and timeless setting, elevating wellbeing to its peak. Flattering lighting sculpts the spaces and soothes guests. The space is luxurious and intimate in equal measure, enabling a beneficial focus on the self, in the heart of the metropolis. This elegant and sensorial haven provides the ideal setting for letting go completely and utterly, through unique, customized experiences.

Based on the alignment of skin and senses, the Dior skincare philosophy is holistic, encompassing the physical, emotional and psychological dimensions. Dreamed up to be the most exclusive holistic escape in the city, Dior Spa The Lana promises to transform the skin and senses immediately and in the long term, and to provide a complete escape from the day-to-day. An incredible space for high-tech treatments and expert massages, it has been established as the Dubai wellness retreat par excellence.





THE DIORITUALS

THE DIORITUALS



Designed and dreamed especially for Dior Spa The Lana, these two exclusive treatments are inspired by elements specific to this exceptional place. In treatment rooms with spectacular views, they reveal the full holistic dimension of the Dior philosophy, pushing the sensory frontiers and delivering high-tech effectiveness while ensuring a highly memorable experience.

DIOR STONE THERAPY

FACE & BODY – 120 MIN

This precious all-over treatment aims to harmonize energy flow during a massage covering the face, back, stomach and feet, elevated by precious stones selected for their properties. Facial glow is enhanced thanks to the leading Dior sapphire crystal Micro-Abrasion technology combined with the Dior Skin Light LED therapy mask.

ESCALE AT THE LANA

BODY – 90 MIN

A tribute to the first Dior Spa set high in the sky, this unique, Japanese-inspired ritual provides a relaxing experience that defies the laws of gravity. Carried out on a futon on the floor, it releases the muscles and the mind equally, leaving guests completely transported. The treatment offers a unique technique combining pressures, friction, and percussive therapy, while also stretching every limb, in combination with slow, deep and memorable movements, from head to toe. Muscle and joint tension flees, leading to an immense feeling of beneficial calm. Lastly, a precise, sensory choreography takes the guest into a ballet of sheets, for a promise of total disconnection.

WELLNESS ADD-ON*

PRIVATE RELAXATION

30 MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

* As an exquisite preliminary, each treatment begins with a foot ritual. Inspired by reflexology, this energizing massage increases the benefits of every Dior protocol. It boosts circulation while providing a sensation of lightness in the feet as well as the legs. The body and mind immediately feel weightless.



FACE

EXCEPTIONAL TREATMENTS
EXPERT PROTOCOLS
DIOR SKIN TECHNOLOGY

EXCEPTIONAL TREATMENTS



Inspired by the expertise behind the leading Dior skincare lines, these four premium treatments offer guests a truly timeless experience. Designed to awaken the senses and help each guest to flourish and thrive in all aspects of themselves, these holistic protocols enhance the skin for radiant beauty both inside and out.

GOLDEN AURA

FACE – 90 MIN

Dior redefines facial radiance with a luxurious and rejuvenating treatment that gently stimulates the skin, enhancing blood circulation and promoting lymphatic drainage. Rhythmic motions work to release tension, reduce puffiness, and encourage the flow of oxygen rich blood to the skin's surface. This process revitalizes the complexion, revealing a radiant, glowing face. The skin appears naturally luminous, with a healthy, youthful glow from this indulgent self care ritual.

LE SOIN PREMIER

FACE – 90 MIN

A facial treatment that draws special inspiration from the Dior Prestige range. Completed by a 3-dimension massage that sculpts the face and the décolleté thanks to the Dior Wellness Experts' techniques, this treatment repairs 100% of the age dimensions in terms of structure, texture and colour. A finishing touch is added to the treatment with Rose Quartz, used to soothe, calm and illuminate the face. From the source of the rose to the source of youth, the Soins Premier treatment promotes skin revitalization and deep relaxation.

THE MIDNIGHT TREATMENT

FACE – 90 MIN

Sleep is a universal and vital need that plays an essential role in our physical and mental well-being. The Midnight Treatment guides you towards an instant feeling of release as you enjoy a rejuvenating power nap in synergy with your natural chronobiological rhythm. Dedicated to resting your skin and mind, this treatment* works to increase the nighttime benefits of sleep for transformed skin upon waking. As a prelude to this exceptional treatment, breathing and meditation exercises invite you to slow down your heart rate. Melatonin, the sleep hormone, produced by your body helps promote rest and relaxation. A facial massage using broad and slow movements encourages total relaxation for a luminous, soothed complexion. Combined with LED therapy using our Dior Skin Light mask, this treatment is synonymous with an ode to relaxation.

DIOR CRYO 360° EYES

FACE & BACK – 90 MIN

This lifting treatment acts on every dimension of the eye contour. An exclusive Dior cryo massage draining technique is followed by the application of an ultra-fresh decongesting panoramic mask. Dark circles and puffiness are visibly reduced. The eye area opens up, and signs of aging are diminished. The eyes are the mirror of our emotions, and the eye area is further illuminated by the effect of a relaxing back massage, which unwinds tension and releases a feeling of inner joy.

WELLNESS ADD-ONS*

MICRO-ABRASION BOOSTER

FACE- 30MIN

An exfoliating interlude with a spectacular anti-aging promise that stimulates deep skin regeneration combined with photostimulation to amplify the results. The face is instantly illuminated.

PRIVATE RELAXATION

30MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

BACK RELEASE

BACK - 30MIN

A tailor-made massage: a relaxing back massage with enveloping gestures allowing deep relaxation and letting go.

IYASHI DOME & FACIAL

BODY – 45 MIN

Amplify the results of your treatment with this unique technology able to stimulate every millimetre of the skin. You can focus on the wished zone : forehead, nasolabial, eyes, neck,... to lift, smooth, drain, firm, tone, the selected zone of your face at the end of the treatment.

ICOONE THERAPY

FACE - 15 MIN FOR 1 ZONE ; 30 MIN FOR 2 ZONES

Amplify the results of your treatment with this unique technology able to stimulate every millimetre of the skin. You can focus on the wished zone : forehead, nasolabial, eyes, neck,... to lift, smooth, drain, firm, tone, the selected zone of your face at the end of the treatment.

DIOR SKIN LIGHT LED THERAPY

FACE - 15MIN

Boost your facial or body treatment with the powerful properties of red LED light. At the end of the session, skin is relaxed and repaired, and its metabolism is rebalanced. Under the beneficial effect of light, the mind is soothed, and harmony is restored.

D-SCALP

HEAD - 15MIN

Release all tension from head to toe with a unique scalp massage. Targeting specific tension points on the scalp, the wellness experts will leave you feeling completely relaxed.

* Every treatment begins with a foot ritual: Inspired by reflexology, an energizing massage increases the benefits of every Dior treatment. It boosts circulation, providing a sensation of lightness in the legs and feet, while providing a weightless sensation for the body and mind.

EXPERT PROTOCOLS



A carefully chosen selection of essential and ultra-targeted treatments to revitalise all skin types. The skilful beauty techniques of our Dior Wellness Experts come together in these extraordinary rituals, to enhance the skin and deliver lasting results.

WELLNESS ADD-ONS*

MICRO-ABRASION BOOSTER

FACE- 30MIN

An exfoliating interlude with a spectacular anti-aging promise that stimulates deep skin regeneration combined with photostimulation to amplify the results. The face is instantly illuminated.

PRIVATE RELAXATION

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DIOR SKIN TECHNOLOGY



An expert in high-tech beauty treatments, for the Spa at the Lana, Dior brings together cutting-edge technologies aimed at beautifying skin that has been damaged by the daily stressors of urban life.

DIOR POWERED BY HYDRAFACIAL

FACE – 45 MIN OR 90 MIN

TREATMENT PROGRAMME – 5 X 45 MIN OR 90 MIN SESSIONS

Dior combines its Floral Science expertise with cutting-edge Hydrafacial technology, to unveil its first ever treatment developed in collaboration with Hydrafacial experts, thanks to a specially designed device and exclusive treatment step. Deep facial cleansing and exfoliation are boosted and complemented by the diffusion of Dior Lotion Peeling Floral. Adding as final step the Dior Skin Light LED mask, the results of the treatment are enhanced, skin is soothed, and redness disappear. As final result, skin is deoxidised, hydrated, plumped and radiant like it has never been before.

DIOR MICRO-ABRASION

FACE – 60 MIN OR 90 MIN

TREATMENT PROGRAMME - 3 X 60 MIN OR 90 MIN SESSIONS

An iconic and exclusive Dior Skincare technique, Dior Sapphire Crystal Micro-Abrasion features a high-tech tool that combines micro-abrasion with photostimulation. A relaxing exfoliation treatment that promises spectacular anti-aging results and stimulates regeneration deep within the skin. Dior Micro-Abrasion protocols give the skin a radiance boost, with an extraordinary smoothing effect. Skin is toned and instantly brightened. Over the next few days, the skin's receptiveness to skincare products is increased. This treatment is suitable for all skin types, even the most sensitive.

DIOR SKIN LIGHT LED THERAPY

FACE – 45 MIN

TREATMENT PROGRAMME - 8 X 45 MIN SESSIONS

Each cell within the skin has the incredible ability to absorb light and convert it into energy. To let this inner light shine through, Dior draws on the technology of light therapy with the Dior Skin Light LED Mask. A real marvel of design, this high-tech tool follows the facial contours and acts as a natural source of energy, to boost cellular respiration. At the end of the session, skin is relaxed and repaired, and the skin's metabolism is rebalanced. Under the beneficial effect of light, the mind is soothed and harmony is restored. With one session, the skin quality is refined with reduction of sebum, tighter pores and instant plump. For long-lasting and anti-aging results, and with a twice-weekly treatment programme, the 8 sessions cure, regenerates entirely the skin and provides elasticity and density. To enhance the results, all sessions end with an application of adapted Dior products.

WELLNESS ADD-ONS*

PRIVATE RELAXATION

30MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

BACK RELEASE

BACK - 30MIN

A tailor-made massage: a relaxing back massage with enveloping gestures allowing deep relaxation and letting go.

IYASHI DOME & FACIAL

BODY – 45 MIN

Amplify the results of your treatment with this unique technology able to stimulate every millimetre of the skin. You can focus on the wished zone : forehead, nasolabial, eyes, neck,... to lift, smooth, drain, firm, tone, the selected zone of your face at the end of the treatment.

ICOONE THERAPY

FACE - 15 MIN FOR 1 ZONE ; 30 MIN FOR 2 ZONES

Amplify the results of your treatment with this unique technology able to stimulate every millimetre of the skin. You can focus on the wished zone : forehead, nasolabial, eyes, neck,... to lift, smooth, drain, firm, tone, the selected zone of your face at the end of the treatment.

D-SCALP

HEAD - 15MIN

Release all tension from head to toe with a unique scalp massage. Targeting specific tension points on the scalp, the wellness experts will leave you feeling completely relaxed.

* Every treatment begins with a foot ritual: Inspired by reflexology, an energizing massage increases the benefits of every Dior treatment. It boosts circulation, providing a sensation of lightness in the legs and feet, while providing a weightless sensation for the body and mind.



BODY

MASSAGE THERAPIES
DIOR BODY TECHNOLOGY

MASSAGE THERAPIES



These massages are the embodiment of Dior expertise and treat the body like the temple that it is. Each meticulously choreographed beauty technique is complemented by all of our Dior Wellness Experts' senses, for a tailor-made moment. Each guest will experience true delight in body and mind in order to feel at peace in their own body.

NEW LOOK

BODY – 60MIN

This slimming and firming massage redefines body contours. For optimal effectiveness, it focuses on two chosen areas, applying precise, toning massage techniques to each. Working in depth, this treatment combines the rolling massage method and the 'skin lift' method, for extraordinary anti-cellulite action. Draining and sculpting movements improve tone, while refining contours and reducing adipose tissue.

D-TISSUE

BODY – 60 MIN OR 90 MIN

This slow and deep massage is aimed at releasing tensions and reoxygenating muscles, through precise treatment techniques. To enable the body to feel free once again, meticulous massage movements combine strength with a gentle touch, helping to eliminate toxins and relieve aching muscles. It is the ultimate high-performance treatment, ideal for recovering after sports or a workout, and for delivering instant relaxation.

CONSTELLATION

BODY – 60 MIN OR 90 MIN

Deep relaxation and a complete sense of letting go. That is the promise of this multi-sensory journey. A holistic massage, combined with slow and enveloping movements over the entire body, to release muscular tensions one by one. Deeply relaxed, the body becomes a haven of restored inner peace.

D-BALANCE

BODY – 60 MIN OR 90 MIN

Inspired by acupressure techniques, this energising treatment includes a series of frictions and heating massage movements, which open up the muscles in order to improve tone, release physical energy and restore inner wellbeing. It stimulates the body's biorhythm, to boost energy circulation. Deeply detoxified and regenerated, the body is fully revitalised and regains its inner strength.

9 MOONS

BODY – 60 MIN OR 90 MIN

To accompany the unique journey of pregnancy, Dior has designed an experience where the needs of the body and mind are listened to more than ever. During this relaxing, pampering treatment, a series of slow and gentle movements are delivered with the utmost care, to relieve muscular tension, lighten the legs, and help mums-to-be enjoy the unique beauty of this journey. This ritual is recommended after the first three months of pregnancy.

WELLNESS ADD-ONS*

ICOONE THERAPY

BODY - 45 MIN FIRST SESSION ;
30 MIN FOLLOW-UP SESSION

Amplify the results of your treatment with this unique technology able to stimulate every millimetre of the skin. You can focus on the wished zone : love handles, belly, thighs*, knees, buttocks... to reshape, drain, firm, tone, release tension, remove stretch marks, on the selected zone of your body at the end of the treatment.

CRYO DIOR

BODY - 30MIN

Leave with a feeling of ultimate lightness thanks to a tailor-made Dior cryotherapy experience. Using the Waves 21 machine, the Wellness Therapists carefully work on the body while reducing the temperature to as low as -15°C.

PRIVATE RELAXATION

30MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

BODY SCRUB

BODY - 30MIN

Ideal as a preparation for a body treatment, or to simply enjoy a radiance boost for the skin, this express scrub-peel treatment has a double action that combines both mechanical and enzyme exfoliation. A new energy is diffused into the mind and skin, which is illuminated and incredibly soft.

D-SCALP

HEAD - 15MIN

Release all tension from head to toe with a unique scalp massage. Targeting specific tension points on the scalp, the wellness experts will leave you feeling completely relaxed.

DIOR SKIN LIGHT LED THERAPY

FACE - 15MIN

Boost your facial or body treatment with the powerful properties of red LED light. At the end of the session, skin is relaxed and repaired, and its metabolism is rebalanced. Under the beneficial effect of light, the mind is soothed, and harmony is restored.

* Every treatment begins with a foot ritual: Inspired by reflexology, an energizing massage increases the benefits of every Dior treatment. It boosts circulation, providing a sensation of lightness in the legs and feet, while providing a weightless sensation for the body and mind.

DIOR BODY TECHNOLOGY



Since its inception, the House of Dior has combined its scientific expertise in beauty with manual techniques and cutting-edge technologies. The complementary nature of these two areas of expertise results in treatments that are extremely effective. Without compromising on sensory feeling, they offer the ultimate beauty and wellbeing experience.

D-WAVES

BODY – 75 MIN

TREATMENT PROGRAMME – 5 x 75 MIN SESSIONS

Dior harnesses Waves 21 technology to transform each area of the body. By combining electrostimulation of the metamers with cryotherapy, this technology intensely detoxifies tissues, and reduces subcutaneous and visceral fatty deposits. It tackles cellulite, to firm the skin with instantly visible results. Several programs are available, from the detox to the visceral fat and to blood circulation, the personalisation options are infinite and can be tailored depending on individual needs of today but also of tomorrow. The treatment always starts with a private consultation in order to define the right program for your needs.

IYASHI DÔME

BODY : 30MIN INTENSE SESSION; 45 MIN GENTLE SESSION

TREATMENT PROGRAMME : 5 X 30 MIN OR 5 X 45 MIN SESSIONS

Dior uses the Iyashi Dôme technology to provide a detox experience via extremely efficient infrared-therapy*. Inspired by traditional Japanese therapies, this sauna diffuses gentle heat through far-infrared light rays. Providing a feeling of complete wellness, the benefits spread throughout the body, mind and senses. This cocoon of multiple powers helps to: detox the organism, firm the skin, sculpt the body and aid slimming, while also acting on sleep, soothing the nervous system, and preparing for or recovering after sports. At the end of the session, endorphins are released for deep and lasting relaxation.

Enjoy a gentle session to relax your body, or an intense session to sculpt your body thanks to its slimming effects.

WELLNESS ADD-ONS*

PRIVATE RELAXATION

30MIN

To extend the pleasure of this moment suspended in time, privatize your treatment room for 30 additional minutes in order to enjoy the view over the marina from the cocoon of your private relaxation space.

BODY SCRUB

BODY - 30MIN

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D-SCALP

HEAD - 15MIN

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DIOR SPA THE LANA EXPERIENCES

WELLNESS THERAPIES

Escape the hectic pace of Dubai and experience a moment out of time. 29 floors high, Dior Spa The Lana offers four therapies designed to pause the world and refocus on your well-being.

Carefully imagined by our Dior Wellness Therapists, these therapies invite you to let go and experience the very best of Dior Spa know-how. These are real bubbles of serenity to treat yourself to, complemented by total support ranging from skin and body beauty to nutrition with our wellness menus and range of food supplement brands.

D-GLOW DUO THERAPY

The ultimate retreat for two, blending detoxifying treatments, energy realignment, and pure relaxation with infinity pool access and a nourishing wellness lunch.

300 MIN – FOR TWO

- Infinity Pool Access
- Wellness Lunch
- Constellation
- Glow D-Tox

D-STRESS THERAPY

Escape to tranquility with soothing treatments that melt away tension. Experience the combination of D-Waves and D-Calm treatments for a full face & body rejuvenation perfected by the Dior Skin Light LED Therapy. You feel revitalized for the day ahead.

165 MIN

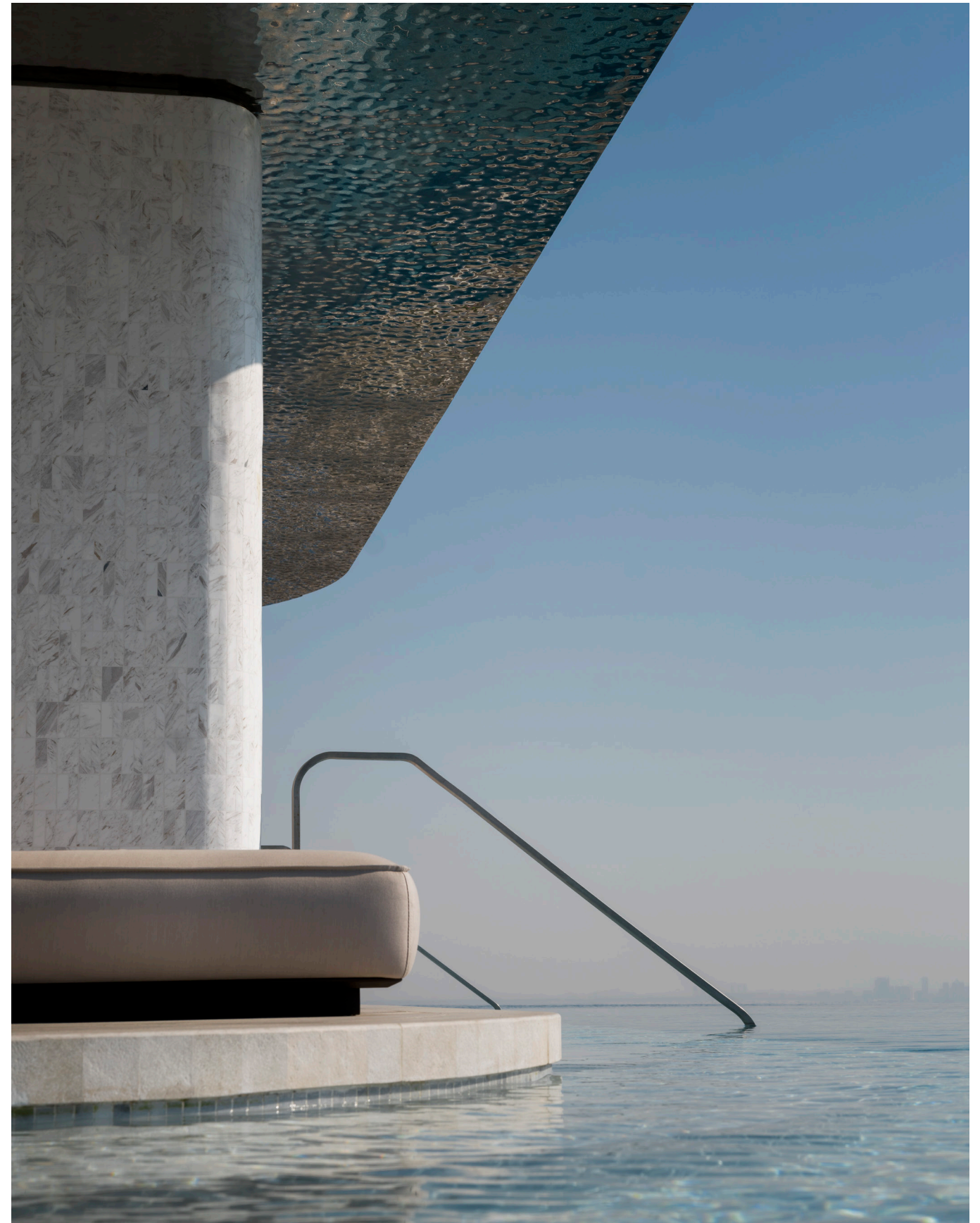
- D-Waves Treatment
- D-Calm
- Dior Skin Light LED Therapy
- Wellness Drink in your private lounge

D-BLOAT THERAPY

Embark on a refreshing journey that blends invigorating Pilates with the detoxifying powers of the Iyashi Dome perfected by a personalized Icoone Body Therapy session. End the experience with a wellness drink in your private lounge to extend the benefits of your treatments.

165 MIN

- Pilates in your private lounge
- Iyashi Dome
- Dior Skin Light LED Therapy
- Icoone Body Therapy Personalised Session
- Wellness Drink in your private lounge



THE DIORITUALS

DIOR STONE THERAPY - FACE & BODY	120 MIN	2500 AED
ESCALE AT THE LANA - BODY	90 MIN	2100 AED

THE EXCEPTIONAL TREATMENTS

GOLDEN AURA - FACE	90 MIN	2130 AED
LE SOIN PREMIER - FACE	90 MIN	1750 AED
THE MIDNIGHT TREATMENT - FACE	90 MIN	1750 AED
DIOR CRYO 360° EYES - FACE	90 MIN	1750 AED

THE EXPERT PROTOCOLS

KOBI-DIOR - FACE	60 MIN	1250 AED
DIOR SKIN-NUTRITION - FACE	60 MIN	1250 AED
GLOW D-TOX - FACE	60 MIN	1250 AED
D-CALM - FACE	60 MIN	1250 AED

DIOR SKIN TECHNOLOGY

DIOR POWERED BY HYDRAFACIAL TREATMENT PROGRAMME - FACE	5 x 45 MIN OR 90 MIN SESSIONS	6000 AED / 11000 AED
DIOR MICRO-ABRASION TREATMENT PROGRAMME - FACE	3 x 60 MIN OR 90 MIN SESSIONS	2800 AED / 3900 AED
DIOR SKIN LIGHT LED THERAPY TREATMENT PROGRAMME - FACE	8 x 45 MIN SESSIONS	4000 AED
DIOR POWERED BY HYDRAFACIAL - FACE	45 MIN OR 90 MIN	1550 AED / 2550 AED
DIOR MICRO-ABRASION - FACE	60 MIN OR 90 MIN	1250 AED / 1550 AED
DIOR SKIN LIGHT LED THERAPY - FACE	45 MIN	600 AED

THE MESSAGES THERAPIES

D-TISSUE - BODY	60 MIN OR 90 MIN	1250 AED / 1750 AED
NEW LOOK - BODY	60 MIN	1250 AED
CONSTELLATION - BODY	60 MIN OR 90 MIN	1100 AED / 1550 AED
D-BALANCE - BODY	60 MIN OR 90 MIN	1100 AED / 1550 AED
9 MOONS - BODY	60 MIN OR 90 MIN	1100 AED / 1550 AED

DIOR BODY TECHNOLOGY

D-WAVES TREATMENT PROGRAMME - BODY	5 x 75 MIN SESSIONS	5800 AED
IYASHI DOME TREATMENT PROGRAMME - BODY	5 x 30 MIN OR 45 MIN SESSIONS	2350 AED / 3100 AED
D-WAVES - BODY	75 MIN	1450 AED
IYASHI DOME - BODY	30 MIN OR 45 MIN	600 AED / 750 AED

WELLNESS ADD-ONS

ICOONE THERAPY – BODY	30 MIN	900 AED
MICRO-ABRASION BOOSTER – FACE	30 MIN	700 AED
CRYO DIOR – BODY	30 MIN	600 AED
PRIVATE RELAXATION	30 MIN	600 AED
BACK RELEASE - BACK	30 MIN	600 AED
BODY SCRUB – BODY	30 MIN	600 AED
IYASHI DOME & FACIAL	ADDED TO PRICE OF CHOSEN FACIAL	+600 AED
ICOONE THERAPY – FACE	15 MIN / 30 MIN	400 AED / 700 AED
DIOR SKIN LIGHT LED THERAPY – FACE	15 MIN	400 AED
D-SCALP – HEAD	15 MIN	400 AED

DIOR SPA THE LANA EXPERIENCES

D-GLOW DUO THERAPY	300 MIN	7500 AED
D-STRESS THERAPY	165 MIN	3055 AED
D-BLOAT THERAPY	165 MIN	3725 AED

For any treatment booked in the double VIP Suite, please note 30min relaxation in your private lounge will be automatically added to the price.

TERMS & CONDITIONS

RESERVATIONS AND CANCELLATIONS

To make a reservation, please contact the Dior Spa team
via e-mail or phone: diorspa.lan@dorchestercollection.com
+971 4 541 6688

Should you need to cancel or change your appointment, please let us know at least 24 hours
before the scheduled time to avoid being charged the full cost of your treatment.

Payment by cheque is not accepted in our establishment; thank you for your understanding.

In the case of a late arrival, we will do our best to offer you the same service,
if our schedule allows it. However, if this is not possible, we will shorten your treatment accordingly.

All prices are in UAE Dirhams and include a 7% municipality fee, 10% service charge and 5% VAT.

TREATMENT TIME

In order to offer you an ideal welcome, we recommend that you arrive
15 minutes before your scheduled treatment time. This will allow our Wellness Experts
to provide you with a personalised consultation if you wish.

SPA GUIDELINES

If you would like to refresh yourself before your treatment, we invite you
to do so before you arrive at Dior Spa The Lana. Please inform our Wellness Experts
of any illness or ongoing regimen. To ensure a soothing experience and to show respect
for our guests, we request that you turn off your cell phones during your stay at the Dior Spa.

The Fitness Studio is open to hotel guests every day from 7 am to 10 pm.

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